



Certified Nurse Assistant/Resident Care Assistant

Description:

Individual will assist the professional nurse in providing nursing care, comfort and assistance to the sister/resident, including assistance with personal care, care of the environment restorative interventions and provision of safety. This individual will assist the health care team in the performance of duties designed to assist in the efficient functioning of the facility. This will include the following primary responsibilities and skills:

- Assist the sisters with activities of daily living (ADL's) as appropriate to their specific needs.
- Answer call lights promptly, providing or obtaining necessary care.
- Assist with restorative and reconditioning interventions (e.g. range of motion and fitness regimens).
- Assist in the dining room as needed (e.g. opening food cartons, cutting food, retrieving items as needed and ensuring safe entry into and egress from the dining room).
- Act as surrogate in the absence in the absence of the restorative staff (e.g., assisting in the maintenance of mobility (transfers, ambulation, joint flexion and extension) assisting in the provision of therapeutic activities and providing recreational activities.
- Accurately monitor and record vital signs, weights, and changes in daily functioning or routine.
- Assist the sisters with making beds, keeping rooms supplied with clean linen and disposing of soiled linen and personal laundry; cleaning of shared public areas as well as various medical equipment and stocking.
- Assist in maintaining a safe environment by making frequent environmental rounds with prompt corrective actions for any observed safety issues.
- Organize the care and routine so that the sisters can attend Mass, scheduled activities, therapies, physician appointments and meals in a timely manner.
- Observe and report/record any unusual symptoms, changes in routine or health status, accidents and injuries and other verbalized concerns.
- Act as an advocate for the sisters by protecting their rights, maintaining confidentiality, and consistently interacting with dignity and respect.

- Maintain awareness of and ability to apply principles of infection control.
- Assist as directed in emergency situations (e.g., health crisis, injury, fire, tornado, etc.). Act as surrogate in the absence of the ward clerk (e.g., answering phones, using FAX machine, making copies, responding to sisters' questions and concerns, and other duties as directed).
- Willingness to participate in cross-training interventions to ensure that all employees can function in any of the multiple roles needed to provide continuity of care.
- All other duties as required.

Required license or certification:

- Certified Nursing Assistant (CNA) Preferred

To be considered for this position, please submit resume (in PDF or MS Word format) to eeasterday@csjoseph.org